Personal, Social and Health Education (PSHE) Policy

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Next Review: 01.09.2029

About the PSHE Policy

Aims and Objectives

ELATT's mission is to help provide to its students the skills they need to succeed in life and work. An essential part of success in life and work is an understanding of one's personal and social development, safety and health.

For young people on our Sixth Form Study Programmes this is delivered through weekly PSD (Personal and Social Development) sessions which cover a wide range of skills, understanding and knowledge related to safe, healthy, independent living. These classes cover:

- Healthy relationships
- First Aid
- Staying Safe (online safety and in the community)
- Employability and steps to the future
- Being active in your community
- British Values / Prevent

Within all aspects of PSHE, ELATT encourages students to engage in honest, open and courteous discussion and debate, so that our students can develop their thinking on sometimes challenging topics within a safe and inquisitive environment where bullying and discrimination will not be tolerated.

What we teach

Healthy relationships	Consent and the Law: Responsibilities and consequences. Communicating wants and needs. Sexual harassment: Unwanted, inappropriate and illegal behaviours. Safeguarding and reporting of abuse.
First Aid	Basic life support: Primary survey, recovery position, CPR and using AEDs. Bone, muscle, and joint injuries (KS4): First aid for bone, muscle, and joint injuries. Chest pain (KS4): Causes of chest pain and first aid for angina/heart attacks.
Staying Safe (online safety and within the community)	Different types of online abuse, and how best to recognise, respond to, and prevent this abuse . Online safety and social media: Identify controlling and manipulative behaviours online. Learn how to get help, and the different people and organisations who can provide support with problems young people face online.
Employability and steps to the future	Understand how your own skills and qualities relate to those needed for working life. Research personal career opportunities Create a CV Identify and prepare key information needed for an application or interview
Being active in your community	Demonstrate an understanding of the role that community groups play. Contribute to activities within the community. Raise awareness of the environment. Demonstrate an awareness of how the actions of humans affect the environment. Carry out activities to improve the local environment.
British Values / Prevent	Develop self-knowledge, self-esteem and self-confidence. Distinguish right from wrong and to respect the civil and criminal law of Britain. Accept responsibility for their behaviour, broad general knowledge of and respect for public institutions and services in Britain. Acquire an appreciation for and respect for their own and other cultures. Encourage respect for other people. Encourage respect for democracy and support for participation in the democratic processes, including respect for the basis on which the law is made and applied in Britain. Encourage respect for other people, paying particular regard to the protected characteristics set out in the Equality Act 2010.

Policy context

Current policy as set by the government is in most cases focussed only on students of secondary school age up to Year 11. However, at all stages we will ensure that we meet the relevant government guidelines for each topic to the full extent that it is relevant, appropriate and possible given that our students are all aged sixteen and over. The policy context is set out as follows:

General principles

1. **Adherence to the Equalities Act 2010**

   Schools are required to comply with relevant requirements of the Equality Act 2010. Further guidance is available for schools in The Equality Act 2010 and The Equality Act 2010: advice for schools. Schools should pay particular attention to the Public sector equality duty (PSED) (s.149 of the Equality Act).

2. **Inclusivity and adjustments for SEND**

   Schools must also make reasonable adjustments to alleviate disadvantage and be mindful of the SEND Code of Practice when planning for these subjects. High quality teaching that is differentiated and personalised will be the starting point to ensure accessibility. Schools should be aware that some pupils are more vulnerable to exploitation, bullying and other issues due to the nature of their SEND.

3. **Safeguarding**

   Please refer to our Children and Young People Protection Policy:
   https://resources.elatt.org.uk/elatt-handbook/6-safeguarding/elatt-children-young-people-safeguarding-protection-policy.pdf

4. **Relationship and Sexual Education (RSE)**

   ELATT's PSHE curriculum includes Relationships Education (see Healthy Relationships above). Although the statutory requirements related to the teaching of RSE do not apply to sixth form colleges, 16-19 academies or Further Education (FE) colleges, we adhere to these Guidelines to the fullest extent that they are relevant to the FE setting.

   For the full guidance (September 2020) please visit:
   https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1090195/Relationships_Education_RSE_and_Health_Education.pdf

5. **Parental rights of withdrawal**
   As all ELATT students are aged 16 and above or are within three terms of turning 16, we cannot offer parents the right to withdraw their child from RSE. Full Guidance for parents is found here:
   https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/907640/RSE_secondary_schools_guide_for_parents.pdf

Parental rights of access to materials

As parents and carers we are happy to share with you any of the materials we use within PSHE upon request.

British Values / Prevent

As a learning provider, our duties towards the teaching of British Values and the Prevent Duty are set out in the Prevent Duty Guidance: https://www.gov.uk/government/publications/prevent-duty-guidance/revised-prevent-duty-guidance-for-england-and-wales

See also our Prevent Policy: https://resources.elatt.org.uk/elatt-handbook/6-safeguarding/elatt-prevent-policy.pdf

Policy Oversight and Review

The RSE programme will be overseen by the Board of Trustees and will be reviewed and adapted where relevant improvements are identified. The review will take various forms including the views of students and teaching staff as well as keeping up to date with further statutory guidance or to meet the changing needs of our students.