

Level 1 Award | Health and Social Care

 www.elatt.org.uk/courses/health-social-care

ADULT COURSES

 **12 - 16 Weeks**
DURATION

 **3 - 6 Hours**
HOURS PER WEEK

 **9.30am - 4.30pm**
DAYTIME HOURS

 **Online**
ENVIRONMENT

What you will learn

This course introduces you to the adult social care sector and gives you a solid grounding in how care settings work and what it means to be a care worker. You will cover:

- ▶ The range of roles and settings in adult social care.
- ▶ The values and principles that guide care practice.
- ▶ Roles and responsibilities of care workers.
- ▶ Communication in care settings.
- ▶ Equality, diversity and inclusion.
- ▶ Safeguarding awareness.
- ▶ Person-centred approaches to support.
- ▶ Health and safety basics.
- ▶ Professional behaviour and boundaries.

Entry Requirements

- ▶ Aged 19 or over (adult learner).
- ▶ Interest in working in health or social care.
- ▶ Suitable for ESOL learners at Entry Level 3 and above.

No formal qualifications or prior experience in care are required. ESOL learners are welcome, if English is not your first language, speak to our team at enrolment and we will make sure you are placed on the right level.

Qualifications you will earn

Awarding Body:

- ▶ NCFE CACHE

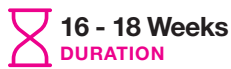
Qualifications:

- ▶ NCFE CACHE Level 1 Award in Preparing to Work in Adult Social Care

Level 2 Diploma | Health and Social Care

 www.elatt.org.uk/courses/health-social-care

ADULT COURSES



What you will learn

At Level 2, you will develop practical knowledge of adult social care and prepare for a working role in the sector. Mandatory topics:

- ▶ Duty of care and professional responsibilities.
- ▶ Person-centred approaches in care settings.
- ▶ Safeguarding adults.
- ▶ Equality, diversity and inclusion in practice.
- ▶ Communication and record keeping.
- ▶ Health and safety in care settings.
- ▶ Working in partnership with colleagues and others.
- ▶ Professional boundaries and confidentiality.
- ▶ Managing and recording information safely and confidentially.
- ▶ Your own personal development and growth in a care role.

Work/Industry Placement Experience

You will also complete **a minimum of 100 hours of work placement** in a care setting. Your ELATT tutor will support you throughout.

Entry Requirements

This course is designed to be accessible. You will need:

- ▶ Aged 19 or over (adult learner).
- ▶ Basic English at Level 1 or above.
- ▶ Level 1 qualification in a related subject is recommended but not mandatory.
- ▶ Availability to complete a minimum of 100 hours of work placement in a care setting.
- ▶ DBS check required before placement begins.

No prior experience in care is required, although it can be helpful. ESOL learners are welcome, speak to our team at enrolment about your English level and we will find the right starting point for you.

Qualifications you will earn

Awarding Body:

- ▶ NCFE CACHE

Qualifications:

- ▶ NCFE CACHE Level 2 Diploma in Care